

FREE SUCCESS SYSTEM OF THE
EMPOWERED MILLIONAIRE INSTITUTE

**DAY
66**



'90 DAY CHARGE'

(DECEMBER 5 - S3 MODULE 24)



BASED ON THE
'MVP'
MILLIONAIRE
VALUE PACK

CONCEIVED AND DEVELOPED BY JAMES LEE VALENTINE
ESPECIALLY FOR YOU AT **Great Personal Expense**

(90 DAY CHARGE – ABRIDGED VERSION)
S3 EMPOWERED MILLIONAIRE COACHING
POWERIZER WORKBOOK

MODULE 5.4
LIFETIME POWER GOALS

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EMPOWERED MILLIONAIRE SATISFACTION GUARANTEE

If you are in any way dissatisfied with any aspect of the
Empowered Millionaire Coaching Success System
contact James Lee Valentine via email
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MODULE 5.4

LIFETIME POWER GOALS

*“When we are motivated by goals that have deep meaning,
by dreams that need completion, by pure love that
needs expressing, then we truly live life.”*

GREG ANDERSON

Goals are the road maps that guide me along my journey of life, showing me what is attainable. They are dreams that have become energized through the application of action. Goals help me channel this energy into achievement and success. It is through my aims that the direction of my life becomes crystal clear, especially through my most magnificent objectives. Goal-setting is the single greatest positive action of a person’s life. When I set goals, what I am doing is *designing a life* for myself — a life that can be as successful and remarkable as I plan for it to be. Goals give me the ability to tap vast reserves of power within my spirit that can be used to shape my destiny.

A goal is a definite, tangible result that I want to achieve at a specific time in the future. My goals are stepping stones toward the ultimate realization of my dreams — they are the building blocks that assist me in constructing a more spectacular life. Inspiring objectives will help me soar to great and limitless heights of achievement. No one can predict what lofty apex I will reach during my lifetime, even I will not know until I establish some dazzling aims to add direction, focus and zest to my life. Goals develop from mental images — they are dreams with a date for accomplishment on them. Achievers are dreamers, and achievers are goal-setters. They write their goals, regularly review them, establish specific action-plans and focus their

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energy through enthusiastic action-steps to attain them. Achievers are on fire because they have goals that inspire. Now, I must empower myself through establishing inspiring objectives that can lead me to a lifestyle that is compelling and extraordinary.

Multiple Objectives

When in pursuit of success, I must have short-term goals to aim at to keep me on the right track and headed in a focused direction. These daily, weekly and monthly targets are the action-steps as already discussed in the previous chapter. Together, within Modules 5.2 and 5.3 and 5.4, we are examining the extreme importance of having long-term objectives. Long-term goals will propel me into the orbit of great achievement and personal empowerment. They are what inspire enthusiastic action and lead to life mastery. I will want to establish the single most important long-term goals within each of my ten *Areas of Life* for the following time periods:

- *One-Year Power Goals*
- *Five-Year Power Goals*
- *Lifetime Power Goals*

I must decide upon a multitude of inspiring goals that would give me the greatest satisfaction if I were to accomplish them within these time frames. The important point is that my goals must inspire me to take immediate enthusiastic action. Within my spirit, I shall create an unquenchable passion for the attainment of my most inspiring aspirations and ignite a burning desire to see them through to completion. These are the goals that will determine my destiny to a greater or lesser extent dependent upon my conviction in their attainment. Now is the time to unleash my incredible personal power and positive potential to succeed. This comes from setting specific long-term goals that are exciting and inspiring.

Now, let's have some fun. These three Modules 5.2 and 5.3 and 5.4 contain written exercises designed to ignite my fires of desire.

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The intention of these exercises is for me to grab hold of my life and squeeze from it all the passion, power and enjoyment that I know can be mine. Establishing inspiring objectives that will lead me on to success and personal fulfillment does this. During the course of these three modules I will establish a multitude of exciting, inspiring and self-empowering one-year, five-year and lifetime *Power Goals* that will firmly set the direction for my future.

These exercises are where my ultimate happiness in life will come from — through setting stimulating goals that arouse my desires, reveling in the chase for their attainment and living with zeal as they are realized. Also, having a zestful appetite for setting higher and even more inspiring goals to replace those already achieved. Now, I must face the future head on, determine that I will be extraordinary in all my endeavors and establish thirty dynamic goals to set my life ablaze in an inferno of spirited action.

One-Year Power Goals

As already stated, I must be sure that I am willing to exchange the effort required over the next twelve months for the attainment of the aspirations I will set within this section. I must establish objectives that have a value comparable to one year of my hardest effort. The destination I am aiming at is where I will arrive one year from today, so I must be inspired by the ten targets I set. On the pages of the *Powerizer: Master-Planner*, I must write ten *One-Year Power Goals* that completely enthrall me. I need to ask myself how I would feel if I accomplished all ten of these goals within the next twelve months. If I would feel ecstatic then I am on the right track.

Five-Year Power Goals

This five-year projection will provide continual long-range guidance for my life — especially when I update these objectives on a regular basis. Recommended is at least once annually, however once per quarter is better. Actually I should be prepared at any time

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throughout the year to revise all of my targets as the circumstances of my life change. The important point is to update these aims as my aspirations take on new scope with added dimensions and increased intensity.

Lifetime Power Goals

These are the ultimate aspirations I have for my entire lifetime. My *Lifetime Power Goals* are the pinnacle of my utopian existence. In a perfect world these are the conditions, circumstances and events I would want for me to be able to say that I had attained absolute success in my life. I must decide upon mine now. Go to the worksheets and write them now. Within these ten goals, one stands above all others — this is my *Lifetime Power Goal*. This is the one overriding desire that will transform itself into an extraordinary purpose to ignite my life into an inferno of triumphant accomplishment. This one *Lifetime Power Goal* forms the basis for my life's ultimate purpose.

Power Goals Pave The Way To A Compelling Future

If I am serious about revolutionizing my life and attaining the levels of success I aspire to, I must know that through the power of establishing inspiring goals, I have within my hands the ability right now to make my highest vision for my life come true. If I haven't already written my goals, I must take action now to establish my ten *One-Year Power Goals*, design my ten *Five-Year Power Goals* and create my ten *Lifetime Power Goals*.

If needed, I should re-read those lifetime 'dreams' I have written in Module 2.4 — *Power Ambitions* — and become familiar with building a substantial list of aspirations that are the foundation behind the realization of all my success and achievement. These thirty goals of mine should be based on exciting, compelling, empowering reasons that will drive me forward in a positive direction. I shall develop strong desires and inspiring reasons for choosing these aims.

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Having a powerful and irresistible ‘why’ will provide me with the necessary ‘how’ for astonishing success.

My *One-Year Power Goals* are bridges to my *Five-Year Power Goals*, which are bridges to my *Lifetime Power Goals*, which are a bridge to my ultimate lasting achievement. It is the realization of my goals and the conquering of my horizons that will fill me with a dynamic sense of self-confidence, driving me forward to a future that is truly scintillating.

My Most Important Positive Action-Step

The establishing of these thirty goals is quite possibly the most important positive action-step I can take for manifesting the lifestyle of my dreams. For this reason, I must take ample time to become crystal clear on what I wholeheartedly desire to achieve within my lifetime, and then diligently write these objectives as mighty goals. This process could realistically be accomplished in twenty to thirty minutes — however it is highly recommended that I take several hours of quiet uninterrupted time in which to concentrate my mind on what I desire for my most magnificent future. I must give myself the gift of time to complete these three exercises.

These thirty inspiring aspirations will provide me with concrete targets to aim at. This will have a tremendous empowering effect upon my actions. The link between goals and personal empowerment is powerful. Establishing meaningful objectives creates positive energy and motivates me to keep going even when obstacles arise. Having potent goals will help me to manifest the dream lifestyle of my most vivid imaginings. As James Allen wrote in his best-selling book, *As a Man Thinketh*: “Into your hands will be placed the exact results of your own thoughts. Whatever your present environment may be, you will fall or rise with your thoughts — your vision, your ideal. You will become as small as your controlling desire or as great as your dominant aspiration.”

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S3: EMPOWERED MILLIONAIRE COACHING
MODULE 5.4 LIFETIME POWER GOALS

WHAT ARE MY LIFETIME POWER GOALS?

- *These long-range objectives, which I am totally focused on manifesting, are the guiding lights to my most glorious future.*

PHYSICAL	Be healthy, strong and full of energy with complete control of my mental faculties at one hundred years old
FINANCIAL	Attain financial freedom wherein all my needs, wants and desires are instantly fulfilled
BUSINESS	The <i>Empowered Millionaire Institute</i> to have one million members in 100 countries worldwide by 2020
CAREER	The <i>S1-S2-S3/MVP</i> success systems to have totaled one million sales worldwide by 2020
MENTAL	The <i>S1-S2-S3/MVP</i> success systems to have been sold in 100 countries and 100 languages worldwide
SOCIAL	Attain time freedom wherein I am calm and relaxed and patient and my life is stress-free
SPIRITUAL	My charitable foundation to annually donate empowering programs valued at \$1 million to underprivileged children
FAMILY	Celebrate fifty years of blissful marriage and raise three healthy children
MATERIAL	Be living in my seven-bedroom opulent villa overlooking the crystal clear tropical seas
ADVENTURE	Enjoy sailing in my pristine-condition deluxe 40' catamaran
MY ULTIMATE LIFETIME POWER GOAL	The <i>Empowered Millionaire Institute</i> to have one million members in 100 countries worldwide by 2020

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