

FREE SUCCESS SYSTEM OF THE
EMPOWERED MILLIONAIRE INSTITUTE

**DAY
62**



'90 DAY CHARGE'

(DECEMBER 1 - S3 MODULE 22)



BASED ON THE
'MVP'
MILLIONAIRE
VALUE PACK

CONCEIVED AND DEVELOPED BY JAMES LEE VALENTINE
ESPECIALLY FOR YOU AT **Great Personal Expense**

(90 DAY CHARGE – ABRIDGED VERSION)
S3 EMPOWERED MILLIONAIRE COACHING
POWERIZER WORKBOOK

MODULE 5.2
ONE-YEAR POWER GOALS

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EMPOWERED MILLIONAIRE SATISFACTION GUARANTEE

If you are in any way dissatisfied with any aspect of the
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contact James Lee Valentine via email
jlv@empoweredmillionaire.com

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MODULE 5.2

ONE-YEAR POWER GOALS

“People who say that life is not worthwhile are really saying that they themselves have no personal goals which are worthwhile. Get yourself a goal worth working for. Better still, get yourself a project. Always have something ahead of you to look forward to . . . to work for and hope for.”

MAXWELL MALTZ

The eventual level of lifetime success I attain is not determined by the hand of fate — no, it is decided by *me*. The number of opportunities I take advantage of during my lifetime is directly proportional to my *clarity of vision* and my *willingness to take action*. This is why my lists of goals are so vitally important, as they help clarify my desires. An immediate result of knowing exactly what I want is increased focus. This is what it takes to recognize an opportunity and seize it. Establishing action-steps is an essential part of the goal-setting process, as is developing action-plans. When opportunity meets action, my sense of awareness is heightened and circumstances begin moving in a favorable direction.

Once I have clearly defined exactly what I want for my ultimate ‘dream’ lifestyle, and what I am willing to do to get it, I am in control. I will have, by *choice*, set the goals that are most important to me. Why should I invest my time and energy in anything less than the fulfillment of my greatest objectives? This empowering, ambitious mindset is what will lead me through to the manifestation of the most successful life imaginable. Right now, as an integral part of my journey to success, let’s explore the ten-step procedure of how to set and reach my most scintillating aspirations.

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Ten-Step Formula For Goal-Setting

Success is best described as the progressive attainment of goals over a long period of time. However, the single most important part of the entire success process is in the *setting* of the goals. The act of goal-setting is the key to all reward and fulfillment. It is the most crucial part of my personal life-plan for success and must be carried out before any goals can be attained. As Zig Ziglar says: “How can a man hit a target he does not have?” I must set goals!

Following is the empowering *Ten-Step Formula for Goal-Setting*. These are the essential procedures for manifesting successful results in all of my chosen endeavors or aspirations.

1. Decide Exactly What I Want

I must decide what it is I truly want for my ultimate ‘dream’ lifestyle. To help in deciding, I must ask these eight *Power Questions*:

- Q. *What would I own?*
- Q. *Who would I help?*
- Q. *Where would I go?*
- Q. *What would I do?*
- Q. *What would I be?*
- Q. *What would I create?*
- Q. *What would I contribute?*
- Q. *What would I achieve?*

2. Crystallize My Thinking

I must study in detail the answers I get from these eight questions and be crystal clear on what I want. Crystallized thoughts focus my direction and define my aims. I must precisely outline my thoughts and have crystal clarity on exactly what I desire. My present circumstances do not accurately reflect my ultimate potential. Rather they mirror the size and quality of the goals which I currently have.

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3. Set Specific Inspiring Goals

No person can hit a target they do not have — me too. I must decide exactly what I want to achieve within each of the ten *Areas of Life*, and then establish these objectives as specific goals within each area of my life. When setting goals, I must make them inspiring so that they empower me to take action. Goals that inspire will set my life on fire! Also, I must make certain my goals are in alignment with my values. This will ensure my time and efforts are more effectively invested in working toward the targets that are most important to my long-range success.

4. Establish Deadlines For My Goals

Goals are basically dreams with time limits on them. Therefore, I must put a specific date on each objective for when I intend reaching it. The simple act of deciding exactly when I will achieve certain targets by sets in motion powerful forces to make my aims a reality. The power behind establishing deadlines is that they focus my achievement-oriented energies on a precise moment in the future.

5. Decide What I Will Do To Reach My Goals

Decide now what I will do to attain my ambitions. To successfully reach my targets, I must elect an appropriate course of action, determine what decisions to make, outline obstacles to overcome and fix a direction in which to aim my success strategies.

6. Have Written Action-Plans

There are three written principles that I must follow to develop complete *Action-Plans*:

- Write clear concise *descriptions* of my goals
- Write the *dates* for attainment of my goals
- Write what *action-steps* I will take to reach my goals

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A goal is not a goal until it is a written goal. The best written goals also incorporate written action-plans. Written action-plans will create within me a burning inspiration, motivating me to a greater utilization of my talents and abilities. My written action-plans are the road maps that guide me to the attainment of the goals I most desire to achieve. I must determine the skills, knowledge and relationships I require and write how I intend utilizing my talents and expertise to attain my objectives. I must write all of my plans clearly, because writing crystallizes thought — and thought motivates action.

7. Take Enthusiastic Action-Steps

An integral part of goal-setting is the concise development of written action-plans. But these must be immediately followed by enthusiastic action-steps toward their attainment. This power to act is already within me. If I have not been able to summon it, this is merely because I have failed to set inspiring goals that ignite my motivational fires. I must study my *Power Ambitions List* and learn what excites me. I must get passionate about my life and establish outrageous objectives to set it ablaze in a rousing inferno.

8. Picture The End Result

I can dramatically boost my level of enthusiasm and propel myself into eager action by ‘picturing’ the end result of my objectives and seeing the successful attainment of them. This picturing can be achieved in either of two ways:

- i. *Mental Pictures*: Using the awesome power of imagination or the technique of creative visualization, mental pictures are images projected in my mind’s eye of the goals I desire fulfilled.
- ii. *Real Pictures*: These can be photographs or pictures from catalogs, magazines and books that depict or represent my ultimate aspirations. Ideally, these should be affixed into a folder or ‘dream book’ for regular viewing.

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Picturing an outcome is like commanding an order directly to the mind to apply its full power to the accomplishment of that ambition. By clearly visualizing my objectives, I will be able to focus far more intensely on what it is that I am trying to successfully materialize.

9. Keep Taking My Action-Steps

One major advantage of breaking my goals into smaller action-steps is that they are easier to achieve when tackled one bite at a time. As each individual step is reached, my levels of confidence will rise and I will be better prepared for striving to attain each new step. With increased feelings of self-confidence come higher levels of self-empowerment, which in turn further boosts my capacity to excel.

10. Persist With Conviction

Persistence is the essential factor in all major long-term success. The *I will never quit* attitude is the finest discipline a person can cultivate for increasing their chances for a successful outcome in all endeavors. I shall make a firm resolve to persist with enthusiastic action-steps toward the attainment of my goals. I shall cultivate a self-assured conviction that my consistent efforts will bring long-term rewards of the highest level. And I shall persevere with my efforts and be prepared to see outstanding results as my life explodes into wondrous possibilities.

One-Year Power Goals

I must be willing to exchange the effort required over the next twelve months for the attainment of the goals I will now set. I must establish targets that have a value comparable to one year of my hardest effort. The destination I am aiming at is where I will arrive one year from today, so I must be inspired by the ten goals I set. Now, using the worksheets of the *Powerizer: Master-Planner*, I must write ten one-year aims this instant that absolutely electrify me. How would I feel if I manifested all ten of these goals within the next year?

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S3: EMPOWERED MILLIONAIRE COACHING
 MODULE 5.2 ONE-YEAR POWER GOALS

WHAT ARE MY ONE-YEAR POWER GOALS?	
<p>➤ <i>These are the short-range aims in each area of life that I have a burning desire to accomplish within the next twelve months.</i></p>	
PHYSICAL	Be able to jog 10km in 40 minutes
FINANCIAL	Earn US\$250,000 this year
BUSINESS	Successfully launch the <i>S1-S2-S3</i> success systems e-com business with 100 sales monthly by December
CAREER	Author and publish my new series of three <i>Empowered Millionaire</i> books before December 31
MENTAL	Read 50 informative & enlightening books this year
SOCIAL	Join Riviera Golf & Country Club by April
SPIRITUAL	Establish my own charity this year — <i>The Power Foundation</i> — to help underprivileged children
FAMILY	Visit my mother in Australia for the Christmas season this December
MATERIAL	Own a new black Jaguar X-Type automobile by my birthday this year
ADVENTURE	Play golf three times a week on average this year
MY ULTIMATE ONE-YEAR POWER GOAL	Successfully launch the <i>S1-S2-S3</i> success systems e-com business with 100 sales monthly by December

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