

FREE SUCCESS SYSTEM OF THE
EMPOWERED MILLIONAIRE INSTITUTE

**DAY
07**



'90 DAY CHARGE'

(OCTOBER 7 - S2 EXERCISE 2)



BASED ON THE
'MVP'
MILLIONAIRE
VALUE PACK

CONCEIVED AND DEVELOPED BY JAMES LEE VALENTINE
ESPECIALLY FOR YOU AT **Great Personal Expense**

S2 SUCCESS SYSTEM OF THE
EMPOWERED MILLIONAIRE INSTITUTE

90 DAY CHARGE - DAY 07



S2

EMPOWERED
MILLIONAIRE
MASTERY

(Monday Exercise)

CONCEIVED & DEVELOPED
BY JAMES LEE VALENTINE

(90 DAY CHARGE - ABRIDGED VERSION)
S2 EMPOWERED MILLIONAIRE MASTERY
7-DAY REVOLUTIONARY WINNING DISCIPLINES SUCCESS SYSTEM

Copyright © James Lee Valentine
All Rights Reserved.

All parts of the *Empowered Millionaire S1-S2-S3 Success Systems* were conceived & developed exclusively by James Lee Valentine.

You may copy or print any pages from this module
S2 Empowered Millionaire Mastery
for personal, non-commercial use, provided you do not remove, add or change any part of them.



EMPOWERED MILLIONAIRE SATISFACTION GUARANTEE

If you are in any way dissatisfied with any aspect of the
Empowered Millionaire S1-S2-S3 Success Systems
contact James Lee Valentine via email
jlv@empoweredmillionaire.com

Visit this website to view the full range of
Empowered Millionaire Success Systems
www.empoweredmillionaire.com



*This is an abridged
version of the
S2 Module and
Monday Exercise
especially for
participants of the
90 DAY CHARGE.*

*The full length version
is available exclusively
for participants of the
MVP2010 program.*



BE AWARE

Empowered Millionaire Mastery

Be Aware

MONDAY

Today I will master the
Winning Discipline of...

*Being in tune with the
abundance of the universe
every day.*

EMPOWERED MILLIONAIRE CREED – PRINCIPLE # 2

Today I am aware of the infinite power I command.



BE AWARE : MANIFESTATION EXERCISES

This is an ACTION exercise. It is designed to induce physical application, so that I feel compelled to take action. This compelling feeling comes from my physiology — it results from *physiological actions*.

These physiological actions are threefold and are reinforced through three specific *Manifestation Exercises*.

1. *Visualization Exercise*: To be visualized whilst placing both hands on the heart.
2. *Declaration Exercise*: To be powerfully declared whilst the fingertips are touched to the temples.
3. *Performance Exercise*: To be done after pumping both fists in the air to induce a powerful physiological state.

These three acts of creation imprinted into my psyche through repetition — *every day* — guarantee the realization of that which I wholeheartedly desire.

Two versions of the *MONDAY EXERCISE* follow:

1. Black & white small version (for printing)
2. Color lo-res small version (for printing)

** Color hi-res large version comes with *MVP2010*



BE AWARE

BE AWARE : MANIFESTATION EXERCISES

THESE PHYSIOLOGICAL ACTIONS ARE TO BE PERFORMED EVERY MONDAY

THINK

VISUALIZATION

As I place both my hands on my heart, I internalize this thought, visualizing it until it becomes one of my controlling beliefs...

I am as one with the richness and beauty and diversity and glory of this world that surrounds me, always and all ways.

SPEAK

DECLARATION

As I place my fingertips on my temples, I declare these words out loud with fervent passion to invoke this declaration as my reality...

God's wealth is circulating in my life. God's wealth flows to me in avalanches of abundance, for I am one with God and God is everything.

ACT

PERFORMANCE

As I pump my clenched fists in the air — saying “yes, yes, yes” — I commit to perform this action today to manifest the results I seek...

I will practice my new awareness of prosperity by being observant of the multitude of opportunities to immeasurably increase my wealth.



BE AWARE : MANIFESTATION EXERCISES

THESE PHYSIOLOGICAL ACTIONS ARE TO BE PERFORMED EVERY MONDAY

THINK

VISUALIZATION

As I place both my hands on my heart, I internalize this thought, visualizing it until it becomes one of my controlling beliefs...

I am as one with the richness and beauty and diversity and glory of this world that surrounds me, always and all ways.

SPEAK

DECLARATION

As I place my fingertips on my temples, I declare these words out loud with fervent passion to invoke this declaration as my reality...

God's wealth is circulating in my life. God's wealth flows to me in avalanches of abundance, for I am one with God and God is everything.

ACT

PERFORMANCE

As I pump my clenched fists in the air — saying “yes, yes, yes” — I commit to perform this action today to manifest the results I seek...

I will practice my new awareness of prosperity by being observant of the multitude of opportunities to immeasurably increase my wealth.



EMPOWERED MILLIONAIRES
90 DAY CHARGE
COPYRIGHT © JAMES LEE VALENTINE
ALL RIGHTS RESERVED
WWW.90DAYCHARGE.COM